



INSTITUTE on COMMUNITY INTEGRATION  
UNIVERSITY CENTER for EXCELLENCE in DEVELOPMENTAL DISABILITIES



# Quality of Life Questionnaire (QOL - Schalock)

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## Overview

### Purpose

To measure the quality of life of people with IDD

### Administration Method

Interview

## Administration Mode

In-person

## Item Count

40

## Population

Intellectual and Developmental Disability

## Instrument Citation(s)

Schalock R. L. & Keith K. D. (1993) Quality of Life Questionnaire Manual. IDS Publishing Corporation, Worthington, OH.

## Instrument Domains

Domain	Number of Items
<b>Choice and Control</b>	<b>6</b>
Personal freedoms and dignity of risk	6
Choice of services and supports	0
Personal choices and goals	0
Self-direction	0
<b>Community Inclusion</b>	<b>22</b>
Employment	9

Meaningful activity	15
Social connectedness and relationships	7
Resources and settings to facilitate inclusion	0
Transportation	0
<b>Equity</b>	<b>2</b>
Equitable access and resource allocation	2
Availability	0
Transparency and consistency	0
<b>Holistic Health and Functioning</b>	<b>3</b>
Individual health and functioning	3
Health promotion and prevention	0
<b>Human and Legal Rights</b>	<b>1</b>
Freedom from abuse and neglect	1
Informed decision-making	0
Optimizing the preservation of legal and human rights	0
Privacy	0
Supporting individuals in exercising their human and legal rights	0
<b>Person-Centered Planning and Coordination</b>	<b>1</b>
Assessment	1

Coordination	0
Person-centered planning	0
<b>Caregiver Support</b>	<b>0</b>
Access to resources	0
Family caregiver/natural support involvement	0
Family caregiver/natural support wellbeing	0
Training and skill-building	0
<b>Consumer Leadership in System Development</b>	<b>0</b>
Evidence of meaningful caregiver involvement	0
Evidence of meaningful consumer involvement	0
System supports meaningful consumer involvement	0
<b>Fluctuation of Need</b>	<b>0</b>
<b>Level of Caregiver Well-Being</b>	<b>0</b>
<b>Service Delivery and Effectiveness</b>	<b>0</b>
Delivery	0
Person's needs met and goals realized	0
<b>System Performance and Accountability</b>	<b>0</b>
Data management and use	0
Evidence-based practice	0

Financing and service delivery structures	0
<b>Workforce</b>	<b>0</b>
Adequately compensated with benefits	0
Culturally competent	0
Demonstrated competencies when appropriate	0
Person-centered approach to services	0
Safety of and respect for the worker	0
Staff Turnover	0
Sufficient workforce numbers dispersion and availability	0
Workforce engagement and participation	0

## Psychometric Citations

Phase 1 focus group to sort out, categorize items using focus group. Phase 2: using survey method, 28 , self reported expert, rated the items by appropriateness and feasibility. Except for this validity self reported expert, I could not find any other type of validity, nor reliability

### Type of Publication

Peer review

### Instrument Language

Spanish, Spanish (Mexican); QXQ English

**Sample: Age (Mean and Range)**

range between 18–76 (average 38) QXQ: range between 18 to 76 (mean=38) for the physical disability group and 22 to 40 for the ID group

**Sample: Age Group**

18–64, 65 + Years

**Sample: Countries/State**

Spain, Mexico

**Sample: Disability Type**

Intellectual and Developmental Disability, Physical Disability, Mental Health Challenges, Other

**Sample: Gender (%male)**

Mexican study 59.8% -- Spanish Study 66.3% QXQ: I would write this as Study 1(physical disability group) 59.8%; study 2 (ID group) 66.3%

**Sample: Race/Ethnicity (%)**

Not Reported

**Sample: Sampling Strategy**

Convenience Sample

**Sample: Size**

209 (mexican with physical disabilities) – 424 (spanish with ID)

**Reliability: Internal Consistency**

Cronbach's Alpha Competence/productivity ( $\alpha=.91$  – Mexico) ( $\alpha=.91$  – Spain)

Cronbach's Alpha Satisfaction ( $\alpha=.84$  – Mexico) ( $\alpha=.70$  – Spain)

Cronbach's Alpha Empowerment/independence ( $\alpha=.84$  – Mexico) ( $\alpha=.69$  – Spain)

Cronbach's Alpha Social belonging/community integration ( $\alpha=.71$  - Mexico) ( $\alpha=.62$  - Spain)

### **Validity: Construct (Convergent and Discriminant)**

Mexico /study 1 EFA: validity, data resulting from the factor analysis suggest that four dimensions (Competence/productivity, Satisfaction, Empowerment/independence and Social belonging) represented the best fit. Correlations among factors converge with theoretical assumptions, which postulate that the factors are interrelated. Low-medium relations between sub-scales (from 0.32 to .60,  $P < 0.1$ ), and moderate correlations with total were found (from 0.65 to 0.81). Study 2 / Spain Correlations among factors converged with theoretical assumptions, given the low inter-factor correlations (from 0.13 to 0.36) and the medium-moderate factor-total correlations (from 0.53 to 0.77;  $P < 0.01$ ).

### **Study design**

Cross-Sectional

Rapley, M., Ridgway, J., & Beyer, S. (1997). Staff:staff and staff:client reliability of the Schalock & Keith (1993) Quality of Life Questionnaire, *Journal of Intellectual Disability Research*, 42(1), 37-42.

### **Type of Publication**

Peer review

### **Instrument Language**

English (British)

**Sample: Age (Mean and Range)**

range from 35 to 65 years

**Sample: Age Group**

18-64 Years

**Sample: Countries/State**

England

**Sample: Disability Type**

Intellectual and Developmental Disability, Proxies

**Sample: Gender (%male)**

Not Reported

**Sample: Race/Ethnicity (%)**

Not Reported

**Sample: Sampling Strategy**

Convenience Sample

**Sample: Size**

66 (13 clients)

**Reliability: Inter-rater**

Staff:staff reliability : all values were high with significance achieved -- Satisfaction .88; competence .83; Empowerment .88; social belonging .83; total .89

\_\_\_\_Staff:client: all values were high with significance achieved EXCEPT Empowerment -- Mean staff results Satisfaction .77; competence .65; Empowerment -.43 (non sig); social belonging .71; total .82

**Study design**

Cross-Sectional



Kober, R., & Eggleton, I.R.C. (2002). Factor stability of the Schalock and Keith (1993) Quality of Life Questionnaire. *Mental Retardation*, 40(2), 157-165.

### **Type of Publication**

Peer review

### **Instrument Language**

English (Australian)

### **Sample: Age (Mean and Range)**

median=22 years (range from 17 to 64)

### **Sample: Age Group**

18-64 Years

### **Sample: Countries/State**

Australia

### **Sample: Disability Type**

Intellectual and Developmental Disability

### **Sample: Gender (%male)**

63%

### **Sample: Race/Ethnicity (%)**

Not Reported

### **Sample: Sampling Strategy**

## Convenience Sample

### Sample: Size

172

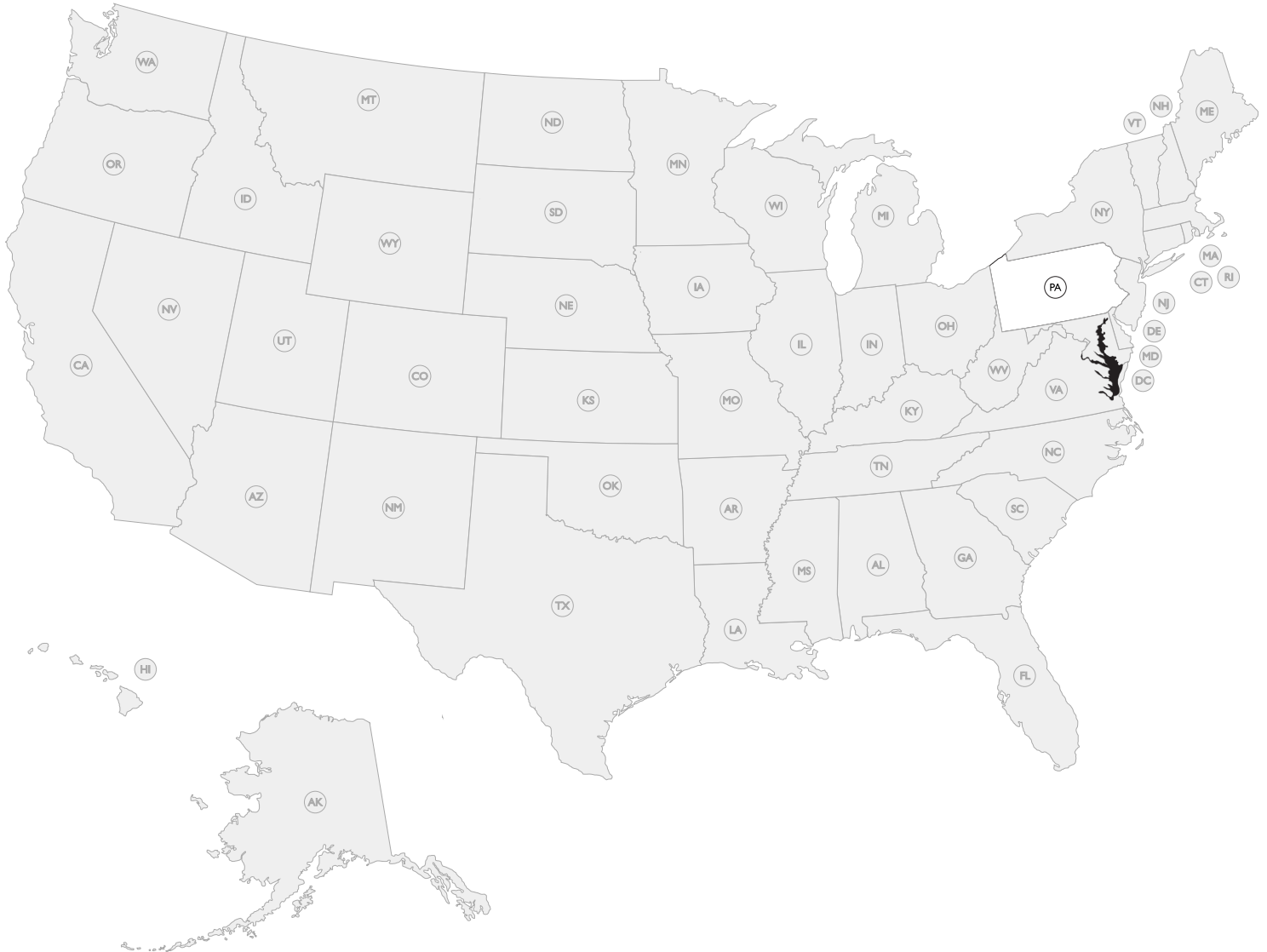
### Reliability: Internal Consistency

Cronbach's Alpha Satisfaction and Domestic Contentment ( $\alpha=.47$ ); Cronbach's Alpha Competence/productivity ( $\alpha=.91$ ); Cronbach's Alpha Empowerment/Independence ( $\alpha=.75$ ); Cronbach's Alpha Social Belonging/Community Integration being ( $\alpha=.68$ )

### Study design

Cross-Sectional

## States Using This Instrument



## Waivers Associated with This Instrument

- Pennsylvania:

[PA Adult Autism \(/database/state-use/pa adult autism\)](/database/state-use/pa%20adult%20autism)

[PA Adult Community Autism Program \(ACAP\) \(/database/state-use/pa adult community autism program \(acap\)\)](/database/state-use/pa%20adult%20community%20autism%20program%20(acap)))



2025 East River Parkway  
Minneapolis, MN 55414

P: 612-624-6300 F: 612-624-9344

[ici@umn.edu](mailto:ici@umn.edu)

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