

# Lancashire *Quality of Life Profile*

## The extended Dutch version

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Interview number \_\_\_\_\_

Date of interview      \_\_\_\_\_  
                                 day      month      year

Place of interview \_\_\_\_\_

Name of interviewer \_\_\_\_\_

## INTRODUCTION BY THE INTERVIEWER

This introduction precedes the interview.

*First of all, I would like to thank for taking part of this interview. My name is **(name)** and I work as **(job description)**. I would like to ask you about some aspects of your life, such as your daily activities, your health, and the social contacts with other people. I would like to know how you feel about these aspects: whether you are satisfied or dissatisfied with them. The answers you give are treated as confidential. There are no right or wrong answers - it is your opinion that counts. Please answer as openly as possible.*

*During this part of the interview I shall quite often ask you which of the following best describes your overall feelings about a question (**show card 1**). As you can see, you can choose between Can't be worse, Displeased, Mostly Dissatisfied, Mixed (about equally satisfied and dissatisfied), Mostly Satisfied, Pleased, and Can't be better. Some questions might be difficult or too personal for you. Don't hesitate to tell me so we can talk about it.*

Indicate starting time of the interview:

\_\_\_\_\_

### GENERAL WELL-BEING

2.1 Give respondent card 1	Can you tell me how you feel about your life as a whole today?	_____	001
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### WORK/EDUCATION

3.1	Do you have a job?	1 Yes 2 No	002
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3.2	What is your occupation? (describe)	_____	003
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3.3	How many hours per week do you work?	_____ hour	004
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3.4 Give respondent card 1	How satisfied are you with your job (or sheltered employment, occupation or industrial therapy, studies)	_____	005
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3.5	How satisfied are you with the amount of money that you make?	_____	006
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3.6	How satisfied are you with being unemployed or retired? (If appropriate)	_____	007
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### LEISURE/PARTICIPATION

4.1	In the past fortnight have you been out to play or watch a sport?	1 Yes	008
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4.2	In the past fortnight have you been out shopping?	2 No	
		1 Yes	009
		2 No	
4.3	In the past fortnight have you been for a ride in a bus, car or train? Other than for transport to and from work?	1 Yes	010
		2 No	
4.4	In the past fortnight have you watched television or listened to the radio?	1 Yes	011
		2 No	
4.5	In the past year, have there been times when you would have liked to have had more leisure activity but were unable?	1 Yes	012
		2 No	
4.6 Give respondent card 1	How satisfied are you with the amount of pleasure you get from things you do at home?	_____	013
4.7	How satisfied are you with the amount of pleasure you get from things you do outside your home?	_____	014

## RELIGION

5.1 If the answer is 'none' > go to question 6.1	What is your religion now?	1 Protestant	015
		2 Roman Catholic	
		3 Jewish	
		4 Muslim	
		5 Hindu	
		6	
		Other: _____	
		8 None	
5.2	How often have you attended religious services in the past month?	_____ time	016

## FINANCES

6.1	What is your total weekly income?	_____	017
6.2	Do you receive state benefits?	1 Yes	018
		2 No	
6.3	In the past year, have you been turned down for any state benefit for which you applied?	1 Yes	019
		2 No	
6.4	About how much money per week do you need to be able to live as you would	_____	020

	wish?		
6.5	During the past year, have you ever lacked the money to enjoy everyday life?	1 Yes 2 No	021
6.6	Give respondent card 1 How satisfied are you with how well-off you are financially?	_____	022
6.7	How satisfied are you with the amount of money you have to spend on enjoyment?	_____	023

## LIVING SITUATION

7.1	What is your current residence?	1 Hostel 2 Boarding-out 3 Group home 4 Hospital ward 5 Sheltered housing 6 Private house (owner occupied) 7 Private house (rental) 8 Flat 9 Other: _____ 10 None	024
7.2	How long have you lived here? (in months)	_____ months	025
7.3	How many other people live here?	_____ people	026
7.5	In the past year have there been times when you wanted to move or improve your living conditions but were unable to do so?	1 Yes 2 No	027
7.6	Give respondent card 1 How satisfied are you with the living arrangements here?	_____	028
7.7	How satisfied are you with the amount of independence you have here?	_____	029
7.10	How satisfied are you with the amount of privacy you have here?	_____	030
7.11	How satisfied are you with the prospect of living here for a long time?	_____	031

## LEGAL AND SAFETY

8.1	In the past year have you been accused of a crime?	1 Yes 2 No	032
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8.2	In the past year have you been beaten, assaulted or otherwise a victim of violence?	1 Yes 2 No	033
8.3	In the past year have there been any times when you would have liked police or legal help but were unable to get it?	1 Yes 2 No	034
8.4	Give respondent card 1 How satisfied are you with your general personal safety?	_____	035
8.5	How satisfied are you with the safety of this neighbourhood?	_____	036
8.t1	How satisfied are you with how safe you feel? (in your apartment, your ward, etc.)	_____	037
8.t2	How satisfied are you with your general safety on the streets?	_____	038
8.t3	How satisfied are you with how you can take care of your own safety?	_____	039
<b>FAMILY RELATIONS</b>			
9.1	What is your current marital status?	1 Married 2 Single 3 Widowed 4 Divorced 5 Separated 6 Other	040
9.2	How many children do you have?	_____ children	041
9.3	How often do you have contact with a relative?	1 Daily 2 Weekly 3 Monthly 4 Annually 5 Less than annually 6 Not appropriate	042
9.4	In the past year have there been any times when you would have like to have participated in family activities but were unable?	1 Yes 2 No	043
9.5	Give respondent card 1 How satisfied are you with your family in general?	_____	044
9.6	How satisfied are you with the amount of contact you have with your relatives?	_____	045
9.t1	How satisfied are you with the way you and your family act toward each other?	_____	046
9.t2	How satisfied are you with the amount of interest your family pays in you?	_____	047

9.t3	How satisfied are you with the amount in which your family accepts you for who you are?	_____	048
9.t4	How satisfied are you with the help or support you get from your family if needed?	_____	049

## SOCIAL RELATIONS

*People differ in how much friendship they need.*

10.1	Would you say that you are the sort of person who can manage without friends?	1 Yes 2 No	050
10.2	Do you have anyone who you would call a "close friend" (i.e. who knows you very well)?	1 Yes 2 No	051
10.3	Do you have a friend to whom you could turn to for help if needed?	1 Yes 2 No	052
10.4	In the past week have you visited with a friend?	1 Yes 2 No	053
10.5	Give respondent card 1 How satisfied are you with the way you get on with other people?	_____	054
10.6	How satisfied are you with the number of friends you have?	_____	055
t9.8	How satisfied are you with your sex life?	_____	056

## HEALTH

11.1	During the past year have you seen a doctor for a physical illness?	1 Yes 2 No	057
11.2	During the past year have you seen a doctor for your nerves?	1 Yes 2 No	058
11.3	During the past year have you been in a hospital for your nerves?	1 Yes 2 No	059
11.4	Do you take medication for your nerves?	1 Yes 2 No	060
11.5	Do you have any physical handicap which effects your mobility?	1 Yes 2 No	061

11.6	How old were you when you were first admitted to a psychiatric hospital/ward?	_____ Years	062
11.7	In the past year have there been times when you wanted help from a doctor or other professional for your health but were unable to get it?	1 Yes 2 No	063
11.8 Give respondent card 1	How satisfied are you with your general state of health?	_____	064
11.9	How satisfied are you with how often you see a doctor?	_____	065
11.10	How satisfied are you with your nervous well-being?	_____	066
11.11 If 11.4 is answered with 'Yes'	How satisfied are you with your medication?	_____	067

#### DEALING WITH MENTAL HEALTH PROBLEMS

*Each person with mental health problems has his/her own way of dealing with them and with the reactions of other people.*

12.1 Give respondent card 1	How satisfied are you with the way in which you accept your own mental health problems?	_____	068
12.2	How satisfied are you with the attitude of your doctor towards your mental health problems?	_____	069
12.3	How satisfied are you with the way in which people with mental health problems are accepted in society?	_____	070

#### AFFECT

13.1 Give respondent card 2	During the past month, did you ever feel too restless to sit on a chair?	_____	071
13.2	During the past month, did you ever feel bored?	_____	072
13.3	During the past month, did you ever feel depressed or very unhappy?	_____	073
13.4	During the past month, did you ever feel very lonely or remote from other people?	_____	074
13.5	During the past month, did you ever feel upset because someone criticised you?	_____	075



## SELF-ESTEEM

*How satisfied we are with ourselves is also a very important part of our lives. Do you agree that the following statements apply to you?*

14.1	You feel that you're a person of worth, at least on an equal plane with others.	_____	076
14.2	You feel that you have a number of good qualities.	_____	077
14.3	All in all, you are inclined to feel that you are a failure.	_____	078
14.4	You are able to do things as well as most others.	_____	079
14.5	You feel you do not have much to be proud of.	_____	080
14.6	You take a positive attitude towards yourself.	_____	081
14.7	On the whole, you are satisfied with yourself.	_____	082
14.8	You wish you could have more respect for yourself.	_____	083
14.9	You certainly feel useless at times.	_____	084
14.10	At times you think you are no good at all.	_____	085

## LIFE REGARD INDEX

*Having a sense of purpose can be very important. Do you agree that the following statements apply to you?*

15.1	Give respondent card 3	You feel like you have found a really significant meaning for leading your life.	_____	086
15.2		Living is deeply fulfilling.	_____	087
15.3		You really don't have much purpose for living.	_____	088
15.4		There honestly isn't anything that you totally want to do.	_____	089

15.5	You really feel good about your life.	_____	090
15.6	You spend most of your time doing things that really aren't important to you.	_____	091
15.7	You have really come to terms with what's important for you in your life.	_____	092
15.8	You just don't know what you really want to do with your life.	_____	093
15.9	You have some aims and goals that would personally give you a great deal of satisfaction if you could accomplish them.	_____	094
15.10	You don't seem to be able to accomplish those things that are really important to you.	_____	095
15.11	You really don't believe in anything about your life very deeply.	_____	096
15.12	You have a philosophy of life that really gives your living significance.	_____	097
15.13	Other people seem to feel better about their lives than you do.	_____	098
15.14	Something seems to stop you from doing what you really want to do.	_____	099
15.15	You have a lot of potential that you don't normally use.	_____	100
15.16	When you look at your life you feel satisfaction of really having worked to accomplish something.	_____	101
15.17	You have real passion in life.	_____	102
15.18	You feel that you're really going to attain what you want in life.	_____	103
15.19	You don't value what you're doing.	_____	104
15.20	You have a clear idea of what you'd like to do with your life.	_____	105
15.21	Nothing outstanding ever seems to happen to you.	_____	106
15.22	You feel that you are living fully.	_____	107
15.23	You have a system or framework that allows you to truly understand your being alive.	_____	108

#### IMPORTANCE OF DOMAINS

*We have discussed a great number of domains. Could you please tell me how important*

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each domain is to you?

16.1 Give respondent card 4

## GENERAL WELL-BEING

*During the course of this interview, you and I have discussed many of the conditions of our life and how you feel about them. Might we try and sum them up now?*

17.1 Give respondent card 1

Can you tell me how you feel about your life as a whole?

\_\_\_\_\_

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17.2 Give respondent Cantril's ladder

This is a picture of a ladder. I would like you to imagine that the bottom of the ladder represents the very worst outcome which you could expect to have had in life. The top represents the very best possible outcome that you could have expected. Can you please mark (X) where on this ladder you would put your life at present?

\_\_\_\_\_

111

17.3 Give respondent card 5

How happy has your life been over-all?

\_\_\_\_\_

112

17.4

Can you name anything(s) which could improve the quality of your life?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

113

## FINAL REMARKS

18.1 *Thank you for having spoken to me in such an honest and open way about your life.*

It is possible that we may wish to contact you again in future, perhaps next year. Would you be willing to be interviewed again?

1 Yes  
2 No  
3 Don't know

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*Thank you very much for your co-operation*

## INTERVIEWER COMMENTS

**Before filing this questionnaire or proceeding on to the next interview, would you please complete the following section while your impressions of both the client and the setting for the interview are still fresh in your memory.**

How long did the interview take? (minutes)

\_\_\_\_\_ minutes

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How reliable or unreliable do you think the client's responses were?

- 1 Very reliable
- 2 Generally reliable
- 3 Generally reliable
- 4 Very unreliable

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Please complete the Quality of Life Uniscale now: ↓↓↓↓

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PLEASE MARK WITH AN X THE APPROPRIATE PLACE WITHIN THE BOX TO INDICATE YOUR RATING OF THIS PERSON'S PRESENT QUALITY OF LIFE

LOWEST quality applies to someone completely dependent physically on others, seriously disabled, unaware of surroundings and in a hopeless position.

HIGHEST quality applies to someone physically and mentally independent, communicating well with others, able to do most things enjoyed, pulling own weight, with a hopeful yet realistic attitude

LOWEST  
QUALITY

HIGHEST  
QUALITY