

Table 1
Factors, Factor Loadings, and Items for the Five-Factor Model of the Kuwait Raha Scale

Raha item	Factor	Loading	Description
2	1: Religiosity	.56	I have a strong belief in God
7		.54	I insist on satisfying my parents
18		.52	I am committed religiously
16		.51	I am honest
12	2: Happiness	.27	I don't drink alcohol
19		.57	I am social
20		.55	I am content
27		.38	I am comfortable in my marital relationship
17		.35	I have a secure future
21		.36	I am cultured
25	3: Stability	.35	I am gleeful
24		.22	I practice sports
14		.53	My social life is stable
11		.49	I sleep easily
6		.49	I am happy
26		.47	I feel secure
10		.42	I am not nervous
4		.36	I don't have problems
8		.36	My thoughts are not scattered
28		.15	I am calm person
22	4: Confidence	.77	I am self-confident
13		.45	I speak with great confidence
23		.41	I treat my family well
9	5: Likable	.33	I am ambitious
3		.86	I smile most of the time
5		.43	I am likable
1		.39	I am in a good health
15		.37	I am optimistic