

Your Satisfaction with Life

Please place an 'X' in the one box that best indicates how satisfied or dissatisfied you CURRENTLY are with each item below. There is no right or wrong answer.

	HOW SATISFIED OR DISSATISFIED ARE YOU WITH...	Very Dissatisfied	Somewhat Dissatisfied	Neither Satisfied Nor Dissatisfied	Somewhat Satisfied	Very Satisfied
1.	Your family life	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2.	Your friendships	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.	Your school experience	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4.	Yourself	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5.	Where you live	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6.	Your life overall	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

BMSLSS–PTPB Self-Scoring Form

Item	Values for Responses					Enter value for selected response here and calculate scores as instructed			
	Very Dissatisfied	Somewhat Dissatisfied	Neither Satisfied Nor Dissatisfied	Somewhat Satisfied	Very Satisfied				
1	1	2	3	4	5	A			
2	1	2	3	4	5	B			
3	1	2	3	4	5	C			
4	1	2	3	4	5	D			
5	1	2	3	4	5	E			
6	1	2	3	4	5	F			
	Sum of A-F:						G		
	G / 6:							H	

BMSLSS-PTPB Total Score = H